

## What is Happening this Winter in Adult Education?

Join us for continuous learning about our community, culture, and religion!

Sundays	Mondays	Wednesdays
Minyan Study Session 9:30-10am	Beginning Tai Chi 9:30-11am	Matter of Balance: Falls
Prayer book Hebrew 10-11am		Prevention 1:30-3:30pm
What Jews Ought to Believe 10-11am		Continuing Tai Chi 2:30-4pm
How Jews Ought to Behave 11:15-12:15pm		

Minyan Study Session- Join us for discussion and prayer (South Wing Room)

Prayer book Hebrew- Explore the words we read (Conference Room)

What Jew Ought to Believe- Explore and discuss with Dr. Norbert Samuelson (Community Room)

How Jews Ought to Behave- Discuss and learn more with Isaac Levy (Community Room)

Matter of Balance: Falls Preventions- Find your ground with Jacqueline Kalinsky (North Wing Room)

Tai Chi- Join Debora in the class you fit best finding balance and inner peace

NEW

Join the Rabbi in a new book review of "The Promise" by Chaim Potok

Dates to come soon, so watch your emails

Mediterranean Cooking Class with Isaac Levy: Mondays January 23<sup>rd</sup>, February 13<sup>th</sup>, March 6<sup>th</sup>. Join as we explore Middle Eastern Tapas, Hearty Fare, and Salads. These classes will be \$10 individually and \$25 for all three. Please RSVP to Sarah.Bochenek@TBSEV.org to grab your spot!

