



If you haven't re-enrolled in Fry's Community Rewards, please do so today! This needs to be done each year, starting in August. It's easy to do...go to [www.frysfood.com/topic/new-community-rewards-program](http://www.frysfood.com/topic/new-community-rewards-program) (our NPO number is 80177)

Please donate your used printer cartridges. Place your used cartridges in the box located on the counter in the Administration Office. We have been paying for most of our office supplies for several years through the money we receive from recycling printer cartridges. Please help us keep this worthwhile endeavor going.



**PLEASE SUPPORT TBS-EV BY SHOPPING AT AMAZON:**

Please help generate donations for TBS-EV when you purchase items Amazon using AmazonSmile [-smile.amazon.com](https://www.amazon.com/amazonsmile). The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases.

**REFUA SHLEYMA:** Names submitted for the Refua Shleyma list will be read from the Bimah on Shabbat. The full list is available in the e-version of the Shabbat Bulletin.

**Yahrzeits:** Harry Bernstein, grandfather of Rena Cederbaum; Ruth Glickman, mother of Barry Glickman; Mark Shaw, brother of Robert Shaw; Mark Foster, brother of Linda Radke; Eric Scheiber, father of Esther Colodner; Fannie Kradel, mother of Lillian Tannenholz; Josefina Chait, sister of Jaime Chait; Earl Grobstein, husband of Sonia Grobstein

**Executive Board of TBS-EV**

President	Steve Millman	480-632-0603	president@tbsev.org
Executive VP	Bryan Cederbaum	480-321-6545	execvp@tbsev.org
VP Business Admin	David Waldman	480-940-8531	vpadmin@tbsev.org
VP Facilities Admin	David Shapiro	602-918-6479	vpfacilities@tbsev.org
VP Ritual	Sandy Wechsler	201-956-5649	vp ritual@tbsev.org
VP Finance	Jill Glickman	480-993-3928	vpfinance@tbsev.org
VP Education	Sarah Bochenek	856-693-0934	vpeducation@tbsev.org
Secretary	Debra Wollner	480-655-8508	secretary@tbsev.org
Treasurer	Scott Schnee	480-740-1034	treasurer@tbsev.org
Past President	Debra Bloom	480-969-8372	pastpresident@tbsev.org



# Temple Beth Sholom of the East Valley



**4 Shevat 5778**

Family Shabbat Services—6:00 PM, Friday, January 19

Shabbat Services—9:00 AM, Saturday, January 20

**Parashat Bo**

Exodus 10:1-13:16

(Etz Hayim p. 374-394; Hertz p. 248-262)

Haftarah: Jeremiah 46:13-28

(Etz Hayim p. 395-398; Hertz p. 263-264)



## SISTERHOOD SHABBAT

*Greeters*

*Friday—Joel Finkel*

*Saturday—Geoffrey Tatelbaum*

*Announcements*

*Friday—Karen Kamenir*

*Saturday—Florence Wibel*



**Shabbat Candle Lighting**

**Time**

5:29pm

**Shabbat Observance Ends**

6:27pm



**Friday Night Community Dinner  
Vegan Event**

Saturday Morning Kiddush  
Sponsored by Sisterhood  
in honor of  
Sisterhood Shabbat

**ADMINISTRATION OFFICE HOURS:**

Mon.—Fri., 10:30am—2:30pm

Closed Sunday

**Rabbi Ken Leitner, Emeritus**

3400 N. Dobson Road, Chandler, AZ 85224; 480-897-3636

website: [tbsev.org](http://tbsev.org); email: [office@tbsev.org](mailto:office@tbsev.org)

## The Week at a Glance

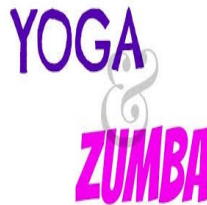
Fri.	Jan 19	6:00pm <b>Family Shabbat Services and Community Dinner (Vegan Challenge Event)</b> ; Youth Birthday Recognition
Sat.	Jan 20	9:00am Shabbat Services, <b>Sisterhood Shabbat; Kiddush Sponsored by TBS-EV Sisterhood</b>
Sun.	Jan 21	9:00am Maimonides Class, Religious School, 10:30am <b>Judaica Shop Open</b> ; 11:15am <b>Zumba Class</b> ; 1:00pm Tefillah Class; 1:30pm <b>Judaica Shop Open</b> ; 2:30pm <b>EVJCC Movie Event</b>
Mon.	Jan 22	9:00am Continuing Tai Chi; 6:30pm Hebrew High; 7:00pm Trope Class
Tue.	Jan 23	6:30pm Advanced Hebrew Reading; 7:30pm Beginning Hebrew Reading
Wed.	Jan 24	1:00pm Continuing Tai Chi; 4:30pm Religious School; 6:15pm Kadima Lounge Night; 6:30pm Hebrew High
Fri.	Jan 26	6:00pm Shabbat Services
Sat.	Jan 27	9:00am Shabbat Services; Youth Led Torah and Musaf Services
Sun.	Jan 28	9:00am <b>TBS-EV Community Tu B'Shevat Events (Vegan Challenge Event)</b>

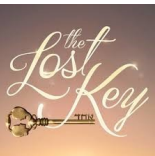
**SISTERHOOD SHABBAT: Saturday, January 20, 2018.** January is a special time for our Sisterhood! Every January the Sisterhoods of Women's League for Conservative Judaism all over the country lead and participate in a Shabbat Service that honors women and our contribution to our families, our Synagogue, our community, and the world. We invite everyone to join us for a pleasant and meaningful Shabbat with your friends and community!



**JUDAICA SHOP:** The Judaica Shop will re-open on **Sunday, January 21**. Enjoy deep discounts on all Hanukkah items. Hours that day: 10:30 am - 12:30 pm and 2:30 - 4:30pm.

**JUMP INTO 2018 WITH FITNESS!** Zumba Classes on **Sunday, 21st from 11:15—12:15** in the Main Sanctuary. Yoga Cooldown on **Sunday, January 28th** following the Tu B'Shevat Walk-a-thon at the Riparian Preserve. Zumba Classes—\$5 each; Yoga Class—Free. Taught by Kaela.



 **EVJCC MOVIE EVENT:** On **Sunday, January 21st at 2:30pm** in the **TBS-EV Sanctuary, the East Valley JCC** will present a screening of the film, **The Lost Key**. After a traumatic divorce, Ricardo Adler sets out to discover how to achieve a fulfilling and lasting marriage.

**TU B'SHEVAT EVENTS:** Join us on **Sunday, January 28th** for one of our vegan events. Consisting of a Tu B'Shevat Seder, Walk A-Thon, Yoga, Tasty Vegan Snacks, JNF Activities, and Fun Contests. Get your sponsors!



**TIKUN OLAM, IMPROVING THE WORLD ONE MEAL AT A TIME:** On **Sunday, February 4th at 11:15am**, TBS-EV member and nationally recognized Registered Dietitian Nutritionist, Michelle Berman, MS, RDN, CDE, FAND, will speak on the health benefits of a **vegan diet**. This is a Vegan Challenge Event.

**VEGAN CHALLENGE:** The Synagogue Vegan Challenge is happening and we need you. Keep an eye open for upcoming events. There are two events each month and providing feedback enters the reviewer into a drawing (one entry per event). The more events the greater the chance to win. This challenge is an opportunity for TBS-EV to get reimbursed for up to \$5,000. But we need our members to attend our events (and give feedback).



**NEW BEGINNING TAI CHI CLASS:** New Spring 2018 Beginning Tai Chi classes start on **Wednesday, Feb. 7th at 9:00am** in the Social Hall. Please **arrive by 8:45am** to allow time to get settled in before class starts. This class is open to the general public. Although there is no charge for Tai Chi instruction, there is a small "Facilities Maintenance Fee" of \$18 for the use of the space. For further information contact: [taichi@tbsev.org](mailto:taichi@tbsev.org)

**Español** Los próximos servicios en español serán el **sábado 10 de febrero las 9:00 de la mañana**. The next Spanish Services will be **Saturday, February 10th, 9:00am**.

**MONTHLY BOARD OF DIRECTORS MEETING:** The next Board of Directors of TBS-EV monthly meeting is on **Sunday, February 11th, beginning promptly at 2:00pm**. All Board members will be in attendance reporting on their duties and assignments. The Board meeting is OPEN to all TBS-EV congregants and all are welcome! Your inputs as TBS-EV members are welcome during an open forum, at the end of the Board meeting.

**DIVREI TORAH OPPORTUNITIES:** Volunteers are needed to give short Divrei Torah (Sermons) on both Friday nights and Shabbat mornings. If interested, please contact Sandy Wechsler, Ritual VP, for an assignment at [ritualvp@tbsev.org](mailto:ritualvp@tbsev.org). This is a great way to help out!